

PRT 4828 – Student Eval 1
Student Midterm Evaluation of Internship

Please take a few moments to reflect on your internship experience to this point. Answer each question as honestly as possible. Submit a copy to Canvas upon completion of the sixth week of the field experience. You should make a copy and discuss it with your agency supervisor as well. Candid discussions with the agency supervisor on a continuing basis and of your reactions expressed on this form are helpful for you to make your experience more meaningful.

Date: Friday, June 19, 2026 Student: Danielle Drews

Internship Agency: Intermountain Pilates Training Center

Internship Supervisor: Jenny Carr

1. Briefly summarize to date your experience in relation to your goals for the internship.

To date, I have been able to gain a deeper understanding of the business and operational side of the wellness and fitness industry by helping out consistently with the day to day scheduling, assisting, and teaching. I have further developed my leadership and professional skills within an education-based environment by helping to teach classes throughout the week and by working one on one in private sessions with certain clients.

2. Is this experience what you expected? Explain.

This experience has been what I expected so far. I am busy and learning a lot, but in a good way. I also expected to enjoy this working environment because of all of the interaction and connection with people, and that has proven to be true.

3. Is this experience helping you to accomplish your expected goals? Explain.

Yes, this experience is helping to accomplish my expected goals because I am having to show up and commit to working towards them each day. I am really enjoying learning the operational side of the business, and trying to help find ways to engage our current clients, and to get more new people in the door.

4. a. Is your agency supervisor adequate? Explain.

Yes, Jenny is more than adequate. She is one of the most well known instructors in Utah, so I feel I am truly learning from the best. She helps me with all that I need, but doesn't hold my hand, which keeps me working to a high standard. I really enjoy learning from her.

b. Is the University supervisor adequate? Explain.

Yes, my university supervisor does a great job responding quickly and making sure I know what to expect next with the course.

5. How can the internship experience be more meaningful?

I think this experience is most meaningful when students pick an internship that they are passionate about. Making sure students know that heading into it will help them hopefully make the right choice.

a. What can you do to make it so?

I am really happy that I chose an internship within an industry that I could totally see myself working in in the future. I also try to find intentional ways to continue enjoying my work, and to make sure I engage with the people around me often to build relationships with clients and other staff alike.

b. What can the agency do to make it so?

I think ensuring that you create the right culture that invites the kind of people you want in that space makes it more meaningful.

6. What experience would you like to see given more emphasis during the remainder of your time with the agency?

I would like to teach more classes and private lessons through the remainder of my time. I really enjoy working with people, helping them, and getting to know them better.

